

THIS CAN HAPPEN.

25 November 2019

Queen Elizabeth  
Conference Centre

## CONFERENCE AGENDA OVERVIEW JULY 2019

This year's agenda will address key issues around workplace mental health and offer practical solutions and insights beneficial to every delegate.

**INCLUDING OVER 80 SPEAKERS AND 40+ SESSIONS, TOPICS COVERED WILL INCLUDE:**

- CEO Panel - Hear from 6 Progressive Chief Execs on Why They've Made Mental Health a Top Priority in Their Organisations
- The Future Workplace
- Mental Health Strategies – How to Keep the Momentum Going
- A Deeper Understanding of Suicide
- Understanding Grief
- Employee Mental Health & How to Support Positive Behaviour Change
- The Power of Mental Health Champions, Advocates & Ambassadors – How to Maximise These Roles
- The Importance of Measuring Impact of Mental Health Strategies – How to Effectively Approach
- Personal Finances & Mental Health at Work – What Companies Can Be Doing to Help
- First-Hand Experiences of Addiction and the Road to Recovery
- The Benefits of Preventative vs. Reactive Approaches in Workplace Mental Health Strategies
- The Intersection Between Mental Health, Faith & Diversity
- Post Natal Depression
- The Importance of Internal Communications Campaigns in a Successful Mental Health Strategy
- Spotlight on Mental Health in the Legal Sector
- How to Create Systemic Change in Workplace Mental Health Across a Sector – Learn How UK Retail Leaders are Approaching This
- Experiential Sessions